

This paper investigates the effects of anticipatory feelings on patience and the resulting intertemporal choices. Anticipation of future consumption makes consumers patient. Furthermore, in general, it makes them more/less patient for near future choices than distant future choices, which causes time-inconsistency. To overcome time-inconsistency, sophisticated consumers adjust their discount factors. The resulting discount factors estimated from the optimal consumption path differ from true time preference. They can exhibit the opposite property to true time preference in the sense that estimated discount factors of future (present)-biased consumers are increasing (decreasing) in time distance. In particular, future-biased consumers tend to choose improving consumption sequences.